



126 Beal Parkway, S.W. • Fort Walton Beach, FL 32548

For the past 32 years, Sharing & Caring of FWB serves as an emergency food bank for needy individuals and families. In 1984, three of our original founders (Betty and Tom Goodwin and Jo Porter) were SUMC members. We are the only “all-volunteer local charity” in Okaloosa County with 64 volunteers, and ten are SUMC members.

Each month, basic food staples and personal hygiene items are provided to our clients, who include families, children, seniors, the homeless, and those unemployed. We are open Monday-Friday and serve over 30 families each day. In 2016, over 14,000 needy folks received food assistance. Also, S & C helps the needy with its prescription program which provides monetary vouchers for qualified clients.

If you have 3 hours per week for volunteering, please contact us (244-0778).

Ken Winzeler

President

